

# Descent Property of ISTA via Majorization-Minimization

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Let  $y, A$  be given. Consider the minimization of :

$$J(x) = \frac{1}{2} \|y - Ax\|_2^2 + \lambda \|x\|_1. \quad (1)$$

Also let the matrix  $A$  satisfy  $A^T A < \alpha I$  for some scalar  $\alpha$ .

Majorization-minimization idea goes as follows. Suppose we have an estimate of the minimizer of  $J(\cdot)$ , namely  $\bar{x}$ . We would like to find another point  $x^*$  such that  $J(x^*) < J(\bar{x})$ . Let

$$M(\bar{x}, x) = \frac{1}{2} (\bar{x} - x)^T (\alpha I - A^T A) (\bar{x} - x), \quad (2)$$

and consider the function

$$\bar{J}(x) = J(x) + M(\bar{x}, x). \quad (3)$$

Notice that

- (i)  $M(\bar{x}, x) \geq 0$ ,
- (ii)  $M(\bar{x}, \bar{x}) = 0$ .

These two conditions imply that,

$$\left[ \min_x \bar{J}(x) \right] \leq J(x). \quad (4)$$

Therefore if we set

$$x^* = \arg \min_x \bar{J}(x), \quad (5)$$

then  $J(x^*) \leq J(\bar{x})$  – that is, we achieved descent in the cost function. We can now apply this trick again on  $x^*$  to further decrease the cost function.

Let us now look at the minimization of  $\bar{J}(x)$ . First, we note that the new function  $\bar{J}(x)$  is separable in its entries, i.e.,

$$\bar{J}(x) = \sum_i \frac{\alpha}{2} x_i^2 - c_i x_i + \lambda |x_i| + \text{const.} \quad (\text{check this!}) \quad (6)$$

where

$$c = \alpha \bar{x} + A^T y - A^T A \bar{x} \quad (7)$$

and the term ‘const.’ is independent of  $x$ . We also note that the minimizer of the scalar function

$$f(x) = \frac{1}{2} (x - w)^2 + \gamma |x| \quad (8)$$

is given as

$$z = \text{soft}(w, \gamma) \quad (9)$$

where

$$\text{soft}(w, \gamma) = \text{sign}(w) \max(|w| - \gamma, 0). \quad (10)$$

This motivates the following descent algorithm for minimizing of  $J(\cdot)$ .

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**Algorithm 1** Iterated Shrinkage Thresholding Algorithm

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Initialize  $x$ . Set  $\gamma \leftarrow \lambda/\alpha$ .

**repeat**

$c \leftarrow x + \frac{1}{\alpha} A^T (y - Ax)$ .

$x_i \leftarrow \text{soft}(c_i, \gamma)$ .

**until** convergence

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